

## Module 2: Developing Leadership Skills

Welcome to Module 2: Developing Leadership Skills

In this module, we explored what it means to be an effective leader. Leadership isn't just about managing people; it's about inspiring others and adapting your style to different situations.

Key areas covered included:

- Leadership Styles: We discussed transformational, transactional, and situational leadership, and how adapting these styles is key to leading effectively.
- Emotional Intelligence: Understanding and managing emotions is critical in building strong relationships with your team.
- Conflict Resolution: We explored techniques for handling conflict, including active listening and mediation.
- Strategic Decision-Making: Leaders need to gather data, analyze perspectives, and make informed decisions that align with company goals.
- Coaching and Mentoring: Helping your team members grow is an essential part of leadership.

We also looked at a workplace scenario where a new team leader adapted their leadership style, using emotional intelligence and strategic decision-making to resolve conflicts and build a stronger team.

Reflection Questions:

- How can you adapt your leadership style to different situations?
- What strategies can you use to resolve conflicts more effectively?

- How can you support your team's growth through coaching and mentoring?